



YOUTH BOXFIT

Enhance flexibility, endurance and strength in a fun, motivating atmosphere through boxing classes.

Boxing keeps you moving as you jab and hit your way through your workout, all for a stronger you! Boxing gloves required.

SATURDAY 11:45-12:30

\$91 FOR 7 weeks

February 24-April 6

Ages 13-17

65 High St. Metuchen NJ 08840

For more information, contact:

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