

Prevention and Recovery Resources in New Jersey

Helplines

Reach NJ 1-844-732-2465

Immediate help from trained addiction counselors 24/7 regardless of insurance status.

Interim Managing Entity (IME) Addictions Access Center 1-844-276-2777

24/7 support and treatment referrals regardless of insurance status, with real time bed availability

New Jersey Peer Recovery 1-833-422-2756

Peer support line staffed by peer support specialists with lived experience.

988 Suicide and Crisis Lifeline 988

24/7, free and confidential support for people in distress, prevention and crisis resources.

Veterans Crisis Line 988, then press 1

24/7 confidential crisis support for veterans and their loved ones

Recovery Support for Individuals and Families

Prevention Links 732-381-4100

Middlesex Community Peer Recovery provides peer recovery support Monday- Saturday 9-7pm

Family Support Center provides free support for family members

NJ Connect for Recovery 1-855-652-3737

Free, confidential call line focused on helping family members and friends coping with a loved one's substance use disorder.

Community Peer Recovery Centers (CPRC) 973-434-0911

Free peer support and information on treatment, recovery, and other community resources.

Maternal Wrap Around Program (M-WRAP) 732-235-5000

Free intensive case management/recovery support for pregnant and postpartum women with substance use issues.

Opioid Specific Supports

Opioid Overdose Prevention Program (OOPP)/ JSAS Healthcare 732-988-8877

Provides free Naloxone training and education for individuals, their families, friends and loved ones.

Support Team for Addiction Recovery (STAR) 732-837-9401

Free case management and recovery support services for individuals with opioid use disorders.

Telephone Recovery Support (TRS) 833-825-5877 (833-TALKTRS).

Free, confidential peer provided weekly support calls to people seeking recovery from opioid addiction.

Mutual Aid

12-step recovery programs

Alcoholics Anonymous www.nnjaa.org

Al-Anon Family groups www.al-anon.org

Narcotics Anonymous www.nanj.org

Nar-Anon Family Groups www.nar-anon.org

Self-Management and Recovery Training (SMART recovery) www.smartrecoverytest.org/local/

Celebrate Recovery: A Christian faith-based recovery organization www.celebraterecovery.com

Other Resources

211 Call or visit web site, www.211.org

Provides contact information for financial, housing, food and other Mental Health services