


METUCHEN SENIOR CENTER
 15 Center Street
 Wendi (732) 632-8524
 Rick (732) 632-8502



NOVEMBER



Calendar Available Online at:
www.metuchennj.org/metnj_seniorcenter@metuchen.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 Follow us on Facebook:	1 9:00 Walk with Wendi 10:00 7'S CARD GAME 10:00 MAHJONG 11:00 WALMART 12:30 LINE DANCING	2 10:00 CARDS 10:30 ART 11:00 TANO MALL 12:30 STRENGTH/BALANCE	3 10:00 RUMMIKUB 10:00 WEGMANS 12:00 CHAIR EXERCISE
6 9:00 CERAMICS 10:00 BRIDGE 10:00 CRAZY 8's 10:00 SHOPRITE 1:30 CHAIR EXERCISE	7 	8 9:00 Walk with Wendi 10:00 7'S CARD GAME 10:00 MAHJONG 11:00 WALMART 12:30 LINE DANCING	9 10:00 CARDS 10:30 ART 11:00 TANO MALL 12:30 STRENGTH/BALANCE 1:30 SELF PORTRAIT with Tchin	
13 9:00 CERAMICS 10:00 BRIDGE 10:00 CRAZY 8's 10:00 SHOPRITE 1:30 CHAIR EXERCISE	14 9:00 JERSEY SHORE OUTLETS 11:00 ZUMBA GOLD 11:30 7'S CARD GAME NO BUS SERVICE	15 9:00 Walk with Wendi 10:00 7'S CARD GAME 10:00 MAHJONG 11:00 WOODBRIDGE MALL 12:30 LINE DANCING	16 10:00 CARDS 10:30 ART 11:00 TANO MALL 12:30 STRENGTH/BALANCE	17 10:00 RUMMIKUB 10:00 STOP & SHOP 11:00 CHAIR EXERCISE 12:00 CHAIR EXERCISE
20 9:00 CERAMICS 10:00 BRIDGE 10:00 CRAZY 8's 10:00 SHOPRITE 1:30 CHAIR EXERCISE	21 10:30 BINGO 11:00 ZUMBA GOLD 11:30 7'S CARD GAME 12:30 THANKSGIVING THEMED LUNCH	22 9:00 Walk with Wendi 10:00 7'S CARD GAME 10:00 MAHJONG 11:00 WALMART 12:30 LINE DANCING		24 CENTER CLOSED
27 9:00 CERAMICS 10:00 BRIDGE 10:00 CRAZY 8's 10:00 SHOPRITE 11 - 1 NADI HEALTH SCREENING 1:30 CHAIR EXERCISE	28 10:30 BINGO 11:00 ZUMBA GOLD 11:30 7'S CARD GAME	29 9:00 Walk with Wendi 10:00 7'S CARD GAME 10:00 MAHJONG 11:00 WALMART 12:30 LINE DANCING	30 10:00 CARDS 10:30 ART 11:00 TANO MALL 12:30 STRENGTH/BALANCE	