

## Prevention and Recovery Resources in New Jersey

### Helplines

Reach NJ 1-844-732-2465

*Immediate help from trained addiction counselors 24/7 regardless of insurance status.*

Interim Managing Entity (IME) Addictions Access Center 1-844-276-2777

*24/7 support and treatment referrals regardless of insurance status, with real time bed availability*

New Jersey Peer Recovery 1-833-422-2756

*Peer support line staffed by peer support specialists with lived experience.*

988 Suicide and Crisis Lifeline 988

*24/7, free and confidential support for people in distress, prevention and crisis resources.*

Veterans Crisis Line 988, then press 1

*24/7 confidential crisis support for veterans and their loved ones*

### Recovery Support for Individuals and Families

Prevention Links 732-381-4100

*Middlesex Community Peer Recovery provides peer recovery support Monday- Saturday 9-7pm*

*Family Support Center provides free support for family members*

NJ Connect for Recovery 1-855-652-3737

*Free, confidential call line focused on helping family members and friends coping with a loved one's substance use disorder.*

Community Peer Recovery Centers (CPRC) 973-434-0911

*Free peer support and information on treatment, recovery, and other community resources.*

Maternal Wrap Around Program (M-WRAP) 732-235-5000

*Free intensive case management/recovery support for pregnant and postpartum women with substance use issues.*

### Opioid Specific Supports

Opioid Overdose Prevention Program (OOPP)/ JSAS Healthcare 732-988-8877

*Provides free Naloxone training and education for individuals, their families, friends and loved ones.*

Support Team for Addiction Recovery (STAR) 732-837-9401

*Free case management and recovery support services for individuals with opioid use disorders.*

Telephone Recovery Support (TRS) 833-825-5877 (833-TALKTRS).

*Free, confidential peer provided weekly support calls to people seeking recovery from opioid addiction.*

### Mutual Aid

12-step recovery programs

Alcoholics Anonymous [www.nnjaa.org](http://www.nnjaa.org)

Al-Anon Family groups [www.al-anon.org](http://www.al-anon.org)

Narcotics Anonymous [www.nanj.org](http://www.nanj.org)

Nar-Anon Family Groups [www.nar-anon.org](http://www.nar-anon.org)

Self-Management and Recovery Training (SMART recovery) [www.smartrecoverytest.org/local/](http://www.smartrecoverytest.org/local/)

Celebrate Recovery: A Christian faith-based recovery organization [www.celebraterecovery.com](http://www.celebraterecovery.com)

### Other Resources

**211** Call or visit web site, [www.211.org](http://www.211.org)

*Provides contact information for financial, housing, food and other Mental Health services*