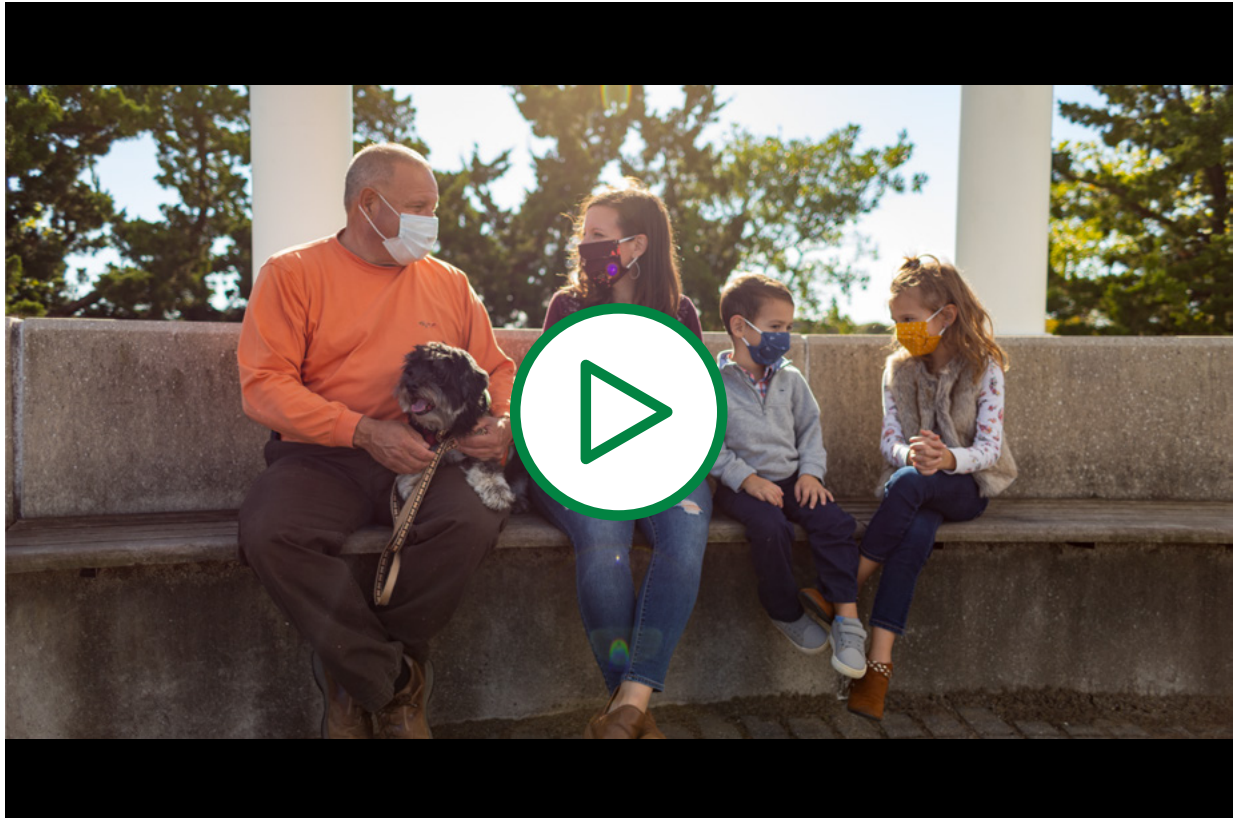


# COVID-19 Health PSA



Access and share our 30-second public service announcement video about COVID-19:  
[Middlesex County YouTube](#)

As COVID-19 cases rise, it's more important than ever to remain diligent and follow strict guidelines:

1. Wear masks in public at all times
2. Maintain a safe distance of at least six feet
3. Wash hands frequently
4. Work with contact tracers
5. Get a flu shot - [middlesexcountynj.gov/flu](http://middlesexcountynj.gov/flu)
6. Get tested for free! - [middlesexcountynj.gov/covid19testing](http://middlesexcountynj.gov/covid19testing)

Visit [middlesexcountynj.gov/COVID19](http://middlesexcountynj.gov/COVID19) for additional resources.

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## **Middlesex County Board of Chosen Freeholders**

Ronald G. Rios, *Director*

Kenneth Armwood, *Deputy Director*

Claribel A. Azcona-Barber, Charles Kenny, Leslie Koppel,  
Shanti Narra, Charles E. Tomaro

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

