COME JOIN US!

You and your 10 to 14 year-old Children are Invited to Join a <u>FREE</u> "Family Night Out" Program in Metuchen

Come and enjoy practicing valuable communication and family bonding skills in this **FREE** 7-session "Family Night Out" series.

- Dinner is included and free childcare is provided for your children under 10.
- DATES: Wednesdays 3/8, 3/15, 3/22, 3/29, 4/5, 4/19, and 4/26.
- <u>TIME:</u> Dinner is 5:30 pm 6:00 pm. Program 6:00 - 8:00 pm.
- LOCATION: Metuchen High School Cafeteria, 400 Grove Avenue, Metuchen, NJ 08840

Ours gifts to you

• A special gift will be provided to each family with good attendance at the completion of the program.

• Most Important Gift...a stronger, more appreciative and respectful family!



To Register Contact: Johanna Pagan at 732.254.3344 ext. 111 or via email at johanna.pagan@ wellspringprevention.org.

Funding for this program was made possible by the Metuchen Municipal Alliance Committee and the Governor's Council on Alcoholism and Drug Abuse.



Set these few nights aside JUST FOR YOUR FAMILY ... you ALL DESERVE it!