



Metuchen Senior Center
15 Center Street
seniorcenter@metuchen.com
732-632-8524/8502

May Newsletter

MAY FLOWERS & OLDER AMERICAN'S MONTH

Hopefully the heavy rain is behind us and the May Flowers will bloom, as we celebrate Older American's Month.

May will be chock full of activities, events, and trips and we hope everyone takes advantage of the fun.

Beginning the week of May 27th we will have Summer Hours with the facility open Monday—Thursday from 9am to 3:30pm and on Friday from 9am to 1pm. Adjustments to some programs need to be made—especially on Fridays. Fridays will now have one class with Elizabeth at 11am.

Zumba on Tuesdays will now be outside at Charles Park—weather permitting. If the class needs to come indoors due to the weather, we will post on our Facebook page and send an email.

Remember to check your email, Facebook, Borough website, Info Boards, & White Boards for information.

Center Hours:

Monday-Friday
9am-3pm

Bus Shuttle Hours:

Monday-Friday
9am-2:30pm

Daily Classes:

- Monday—Ceramics & Strength/Balance
- Tuesday – Zumba
- Wednesday—Walk With Wendi & Line Dancing
- Thursday—Art & Strength/Balance
- Friday—Chair Exercise



FROM THE DESK OF THE DIRECTOR—RICK PERRINE

I hope the winter is behind us and we're getting the warm weather on a consistent basis. May is Older American's Month and we've arranged for a full month of activities to celebrate, and have begun planning some summer trips that we need you to register for ASAP if you would like to go as space is limited and we have time constraints on the bookings. Please read the fliers for Hunterdon Hills Playhouse and River Cruise.

To celebrate Older American's Month—Wendi and I would like to THANK YOU with a pizza lunch that we'll pay for—we hope everyone can attend. We ask that you sign up ahead of time and let us know your pizza choice so we know how much to purchase.

Stay warm, and get out on Wednesdays to Walk With Wendi. 10,000 steps is the goal for all of us!!



OPEN HOUSE

To kick off Older American's Month we will have an Open House at the Senior Center on Wednesday, May 1st, from 11am to 1pm and then 6pm to 7pm. Tell your friends to stop in.

We will have light refreshments and visitors will have the opportunity to meet the staff, council members, club members, and see what is going on throughout the day.

Alberto will conduct a special evening class at 6pm so everyone can come in a burn off the dinner calories.

WELCOME TO WENDI'S WORLD-WENDI RICHARDS, PROGRAM COORDINATOR

The Metuchen Pool early registration has started if anyone would like our help registering stop on in and we can take care of it. Starting Tuesday April 30th Zumba classes will be at Charles field. The center will be having an open house May 1st 11am – 1 and 6–7pm for new and old members to come and check out the center, there will be an evening strength and balance class with Alberto.



If anyone is interested in walking or riding in the mini bus for the memorial day parade please let me know.

Getting to know George

- Raised in Metuchen, NJ
- Graduated from Metuchen High School
- I have been a firefighter in Metuchen for 5 years
- Facility Maintenance staff for Metuchen Borough
- Have pet ducks and a chicken
- Big Star Wars fan
- Enjoy playing video games with my friends

MAY ACTIVITIES & EVENTS

- Every Wednesday—Wednesday Walk With Wendi
- 1st & 2nd Tuesday—Crochet Club
- Mondays—Ceramics & Strength/Balance Classes
- Tuesdays—Bingo & Zumba
- Wednesdays—Line Dancing
- Thursdays—Art & Strength/Balance Classes
- Friday—Chair Exercise Classes
- May 1st—Open House
- May 1st—Black Circle Symphony
- May 1st—Evening Strength & Balance Class
- May 8th—PNC Concert
- May 15th—Indoor Gardening Class
- May 15th—PNC Concert
- May 17th—County 90+ Birthday Luncheon
- May 20th—COVID Shots
- May 20th—NADI Health Screening
- May 20th—PNC Concert
- May 21st—FREE Thank You Lunch
- May 27th—Closed in observance of Memorial Day
- May 27th—Memorial Day Parade
- May 28th—Summer Hours Begin
- May 31st—Cook's Market



BUS SHUTTLE SERVICE

The Center has two drivers—Tom & Stephanie—which allows us to provide shuttle transportation Monday-Friday, from 9am to 3pm.

Rides are provided to and from The Center, from residents homes to Metuchen stores, medical facilities, or other locations within the Boro.

A regular shopping center schedule also exists to take members to stores located in surrounding towns, and occasionally we do special trips to locations outside of Metuchen.

Members must contact Wendi, or Rick, to arrange for the transportation ahead of time.

Our shuttle has a wheelchair lift and is accessible for all. The service is curb to curb, our drivers are not permitted to assist members out of their residences or lift anyone in or out of the bus.

Comments from Councilwoman Dorothy Giamboi

May is here — blooming with the full splendor of spring and radiating an uplifting energy that encourages us to relish every blossoming tree and bright, sunny day! It's a month of colorful renewal, continued growth, and the heartwarming promise of sunny days ahead. It is the month we honor our mothers and mourn the U.S. military personnel who died while serving in the United States Armed Forces.



Facebook: MetuchenSeniorCenter

Web: www.metuchennj.org/metnj/DEPARTMENTS/Senior%20Center/

Register/Pay by May 15

Hunterdon Hills Playhouse—"Always...Patsy Cline"

Matinee Show & Lunch

Wednesday, July 24th

Lunch Time—11:30am, Show Time—1:00pm



*Always...
Patsy Cline*



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Space is Limited—1st 14 people that register & pay.

Payment must be received by May 15th—or trip cancelled.

Show tickets must be reserved by May 16th.

Cost—\$90/person, includes bus, lunch, & show.

In Honor Of Older Americans Month

Rick & Wendi are buying lunch!!!!

**We would like to Thank You for creating an enjoyable Senior Center community
by treating everyone to lunch!**

Tuesday, May 21st at 12:30pm

Pizza from Che Pizza

Lunch is FREE, but please sign up with Wendi so we know how much pizza to buy.



OLDER AMERICANS MONTH



POWERED BY CONNECTION: MAY 2024



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River Lunch Cruise
Wednesday, August 14th
11am-2pm
\$70/person

Register/Pay by May 15



- Bus Shuttle from Senior Center to Boat, and return to Center
- Buffet Lunch/Open Bar
- 3 Hour Tour of Barnegat Bay
- **MUST RESERVE & PAY BY May 15th**
Checks payable to 'Borough of Metuchen'
- Trip will be cancelled and checks returned if minimum number of attendees aren't registered/paid by May 15. Boat & Bus need confirmation by May 16th.



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WE WILL BE

CLOSED

FOR

Memorial Day

HONORING ALL WHO SERVED



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FREE Concerts @ PNC Bank Arts Center

courtesy of Garden State Arts Foundation

Wednesday, May 8th—Sinatra Forever

Wednesday, May 15th—The Texas Tenors

Monday, May 20th—Dominic Scaglione, Jr. of Jersey Boys

Bus Leaves 12:30pm, Show Time 1:30pm

Tickets are given out through a 'lottery' system.

Place your name in the coffee can for the show(s) you wish to attend and the Thursday before each show 14 tickets will be selected to go on the trip and the list will be publicized.

Anyone that is selected to attend and cancels within 48 hours of the trip or no-shows will not be eligible to attend future PNC trips.

Current members only may attend.



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Wednesday, May 1st
15 Center St.
11:00am - 1:00pm
6:00pm - 7:00pm

Bonus Strength Balance Class at 6pm

OPEN Metuchen Senior Center HOUSE

Join us as we celebrate Older American's Month with a tour of the Senior Center.

- Meet the staff
- Meet the Senior Commissioners & MSI Board
- Check out our activities & events
- Join in a Line Dancing or Strength & Balance Class
- Meet the members as they play games
- JOIN!!! Membership is FREE for Metuchen residents



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Monday–Thursday: 9:00am–3:30pm
Friday: 9:00am–1:00pm
May 28th through August 30th



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MAY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Black Circle Symphony 11:00 Walmart 11am-1pm Open House 12:30 Line Dance 6pm-7pm Open House	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Rummikub 10:00 Stop&Shop 11:00 Chair 12:00 Chair 1:00 Canasta
6	7	8	9	10
9:00 Ceramics 9:45 Strength/Balance 10:00 Bridge 10:00 Crazy 8's 10:00 Shoprite	10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Crochet	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance PNC Concert	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Rummikub 10:00 Target 11:00 Chair 12:00 Chair 1:00 Canasta
13	14	15	16	17
9:00 Ceramics 9:45 Strength/Balance 10:00 Bridge 10:00 Crazy 8's 10:00 Shoprite	10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Crochet	9:00 Wendi Walk 10:00 Indoor Gardening 10:00 7's 10:00 Mahjong 11:00 Woodbridge 12:30 Line Dance PNC Concert	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Rummikub 10:00 Wegmans 90th Birthday 11:00 Chair 12:00 Chair 1:00 Canasta
20	21	22	23	24
9:00 Ceramics 9:45 Strength/Balance 10:00 Bridge 10:00 Covid Shots 11:00 NADI Health Screen PNC Concert	10:15 Bingo 11:00 Zumba 11:30 7's 12:30 Lunch	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Aldi 10:00 Rummikub 11:00 Chair 12:00 Chair 1:00 Canasta
27	28—Summer Hours	29—Summer Hours	30—Summer Hours	31—Summer Hours
	10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Movie	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 10:00 Rummikub 10:30 Cook's Market 11:00 Chair