

Metuchen Senior Center 15 Center Street seniorcenter@metuchen.com 732-632-8524/8502

# May Newsletter

## MAY FLOWERS & OLDER AMERICAN'S MONTH

Hopefully the heavy rain is behind us and the May Flowers will bloom, as we celebrate Older American's Month.

May will be chock full of activities, events, and trips and we hope everyone takes advantage of the fun.

Beginning the week of May 27th we will have Summer Hours with the facility open Monday—Thursday from 9am to 3:30pm and on Friday from 9am to 1pm. Adjustments to some programs need to be made—especially on Fridays. Fridays will now have one class with Elizabeth at 11am.

Zumba on Tuesdays will now be outside at Charles Park—weather permitting. If the class needs to come indoors due to the weather, we will post on our Facebook page and send an email.

Remember to check your email, Facebook, Borough website, Info Boards, & White Boards for information.

#### **Center Hours:**

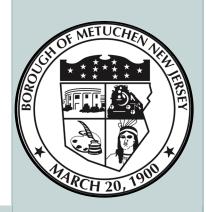
Monday-Friday 9am-3pm

#### **Bus Shuttle Hours:**

Monday-Friday 9am-2:30pm

## **Daily Classes:**

- Monday—Ceramics & Strength/Balance
- Tuesday Zumba
- Wednesday—Walk With Wendi & Line Dancing
- Thursday—Art & Strength/Balance
- Friday—Chair Exercise



#### FROM THE DESK OF THE DIRECTOR—RICK PERRINE

I hope the winter is behind us and we're getting the warm weather on a consistent basis. May is Older American's Month and we've arranged for a full month of activities to celebrate, and have begun planning some summer trips that we need you to register for ASAP if you would like to go as space is limited and we have time constraints on the bookings. Please read the fliers for Hunterdon Hills Playhouse and River Cruise.

To celebrate Older American's Month—Wendi and I would like to THANK YOU with a pizza lunch that we'll pay for—we hope everyone can attend. We ask that you sign up ahead of time and let us know your pizza choice so we know how much to purchase.

Stay warm, and get out on Wednesdays to Walk With Wendi. 10,000 steps is the goal for all of us!!



#### **OPEN HOUSE**

To kick off Older American's Month we will have an Open House at the Senior Center on Wednesday, May 1st, from 11am to 1pm and then 6pm to 7pm. Tell your friends to stop in.

We will have light refreshments and visitors will have the opportunity to meet the staff, council members, club members, and see what is going on throughout the day.

Alberto will conduct a special evening class at 6pm so everyone can come in a burn off the dinner calories.

# WELCOME TO WENDI'S WORLD-WENDI RICHARDS, PROGRAM COORDINATOR

The Metuchen Pool early registration has started if anyone would like our help registering stop on in and we can take care of it. Startting Tuesday April 30th Zumba classes will be at Charles field. The center will be having an open house May 1st 11am -1 and 6-7pm for new and old members to come and check out the center, there will be an evening strength and balance

class with Alberto.



If anyone is interested in walking or riding in the mini bus for the memorial day parade please let me know.

# **Getting to know George**

- Raised in Metuchen, NJ
- Graduated from Metuchen High School
- I have been a firefighter in Metuchen for 5 years
- Facility Maintenance staff for Metuchen Borough
- Have pet ducks and a chicken
- Big Star Wars fan
- Enjoy playing video games with my friends

#### **MAY ACTIVITIES & EVENTS**

- Every Wednesday—Wednesday Walk With Wendi
- 1st & 2nd Tuesday—Crochet Club
- Mondays—Ceramics & Strength/Balance Classes
- Tuesdays—Bingo & Zumba
- Wednesdays—Line Dancing
- Thursdays—Art & Strength/Balance Classes
- Friday—Chair Exercise Classes
- May 1st—Open House
- May 1st—Black Circle Symphony
- May 1st—Evening Strength & Balance Class
- May 8th—PNC Concert
- May 15th—Indoor Gardening Class
- May 15th—PNC Concert
- May 17th—County 90+ Birthday Luncheon
- May 20th—COVID Shots
- May 20th—NADI Health Screening
- May 20th—PNC Concert
- May 21st—FREE Thank You Lunch
- May 27th—Closed in observance of Memorial Day
- May 27th—Memorial Day Parade
- May 28th—Summer Hours Begin
- May 31st—Cook's Market

# **Comments from Councilwoman Dorothy Giamboi**

May is here — blooming with the full splendor of spring and radiating an uplifting energy that encourages us to relish every blossoming tree and bright, sunny day! It's a month of colorful renewal, continued growth, and the heartwarming promise of sunny days ahead. It is the month we honor our mothers and mourn the U.S. military personnel who died while serving in the United States Armed Forces.











#### **BUS SHUTTLE SERVICE**

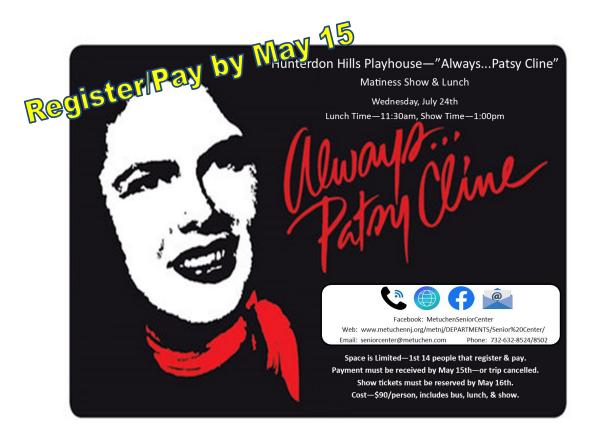
The Center has two drivers— Tom & Stephanie—which allows us to provide shuttle transportation Monday-Friday, from 9am to 3pm.

Rides are provided to and from The Center, from residents homes to Metuchen stores, medical facilities, or other locations within the Boro.

A regular shopping center schedule also exists to take members to stores located in surrounding towns, and occasionally we do special trips to locations outside of Metuchen.

Members must contact Wendi, or Rick, to arrange for the transportation ahead of time.

Our shuttle has a wheelchair lift and is accessible for all. The service is curb to curb, our drivers are not permitted to assist members out of their residences or lift anyone in or out of the bus.



# In Honor Of Older Americans Month Rick & Wendi are buying lunch!!!!!

We would like to Thank You for creating an enjoyable Senior Center community by treating everyone to lunch!

Tuesday, May 21st at 12:30pm

Pizza from Che Pizza

Lunch is FREE, but please sign up with Wendi so we know how much pizza to buy.



**POWERED BY CONNECTION: MAY 2024** 















## FREE Concerts @ PNC Bank Arts Center

courtesy of Garden State Arts Foundation

Wednesday, May 8th—Sinatra Forever Wednesday, May 15th—The Texas Tenors

Monday, May 20th—Dominic Scaglione, Jr. of Jersey Boys

Bus Leaves 12:30pm, Show Time 1:30pm

Tickets are given out through a 'lottery' system.

Place your name in the coffee can for the show(s) you wish to attend and the Thursday before each show 14 tickets will be selected to go on the trip and the list will be publicized.

Anyone that is selected to attend and cancels within 48 hours of the trip or no-shows will not be eligible to attend future PNC trips.

Current members only may attend.









Fridag: 9:00am—1:00pm May 28th through August 30th



Facebook: MetuchenSeniorCenter

Web: www.metuchennj.org/metnj/DEPARTMENTS/Senior%20Center/ Fmail: seniorcenter@metuchen.com Phone: 732-632-8524/8502

# **MAY 2024**

Tuesday	Wednesday	Thursday	Friday
	1	2	3
	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Black Circle Symphony 11:00 Walmart 11am-1pm Open House 12:30 Line Dance 6pm-7pm Open House	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Rummikub 10:00 Stop&Shop 11:00 Chair 12:00 Chair 1:00 Canasta
7	8	9	10
10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Crochet	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance PNC Concert	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Rummikub 10:00 Target 11:00 Chair 12:00 Chair 1:00 Canasta
14	15	16	17
10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Crochet	9:00 Wendi Walk 10:00 Indoor Gardening 10:00 7's 10:00 Mahjong 11:00 Woodbridge 12:30 Line Dance PNC Concert	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Rummikub 10:00 Wegmans 90th Birthday 11:00 Chair 12:00 Chair 1:00 Canasta
21	22	23	24
10:15 Bingo 11:00 Zumba 11:30 7's 12:30 Lunch	9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance	10:00 Cards 10:30 Art 11:00 Tano Mall 12:30 Strength/Balance	10:00 Aldi 10:00 Rummikub 11:00 Chair 12:00 Chair 1:00 Canasta
28—Summer Hours	29—Summer Hours	30—Summer Hours	31—Summer Hours
10:15 Bingo 11:00 Zumba 11:30 7's	9:00 Wendi Walk 10:00 7's 10:00 Mahjong	10:00 Cards 10:30 Art 11:00 Tano Mall	10:00 10:00 Rummikub 10:30 Cook's Marke
	7 10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Crochet  14 10:15 Bingo 11:00 Zumba 11:30 7's 12:00 Crochet  21 10:15 Bingo 11:00 Zumba 11:30 7's 12:30 Lunch	1  9:00 Wendi Walk 10:00 7's 10:00 Mahjong 11:00 Black Circle Symphony 11:00 Walmart 11am-1pm Open House 12:30 Line Dance 6pm-7pm Open House 11:00 Zumba 10:00 7's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance PNC Concert  14  15  10:15 Bingo 11:00 Zumba 10:00 Indoor Gardening 11:30 7's 10:00 Mahjong 11:00 Valmart 12:30 Line Dance PNC Concert  21  22  10:15 Bingo 11:00 Woodbridge 12:30 Line Dance PNC Concert  21  22  10:15 Bingo 11:00 Wendi Walk 10:00 T's 11:00 Woodbridge 11:30 7's 10:00 Mahjong 11:00 Woodbridge 11:30 Line Dance PNC Concert  21  22  10:15 Bingo 11:00 Wendi Walk 10:00 7's 11:30 T's 10:00 Mahjong 11:00 Walmart 12:30 Line Dance PNC Concert  21  22  23  24  25  26  27  28  28  28  29  29  29  29  29  20  20  20  20  20	1   2   2