

Metuchen Municipal Alliance

Thursday, May 12, 2016

Minutes

Attendance: Linda Surks, Jodi Kopac, Donna Jamison, Jackie Gibson, Carol Volkland, Kathy Liss, Lisa Freed, Allison Inserro, Kris Dubon, Beatrice Moskowitz and Annie Hamilton

WellSpring Center for Prevention
Formerly (NCADD)
Presentation and Overview of
Strengthening Families Program
2016 Sessions at Edgar Middle School
February 23 through April 12, 2016

The Presentation started at 7:40PM.

Strengthening Families Overview with Linda

- A. Excellent Power Point Presentation - details of each breakout Session and/or Activity provided.
Great Training at Classes: Interpersonal Relationship Skills, Communication, Strategizing over Problems
- B. Will need to coordinate Fall Feedback from families and programming for extension.
*Most Effective Aspect= Communication: Parents & Children were given behavior alternatives over their natural responses to dilemma that may work more effectively in parent rearing, ones they may not otherwise consider.
- C. Pre & Post Surveys given and reviewed by Committee
- D. Q & A and discussion.

Presentation ended after Q & A at 9:15pm