

Senior Center, 15 Center Street, Metuchen
Cathy Ostermueller, Director
732-632-8524, costermueller@metuchen.com
9:00AM to 2:30PM

Minibus
Call to Schedule Pick-Up
732-632-8525
9:00AM to 2:30PM

Metuchen Senior Citizen Newsletter December 2016

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Center Hours:

The Center is open from 9:00AM to 2:30PM. We welcome seniors from Metuchen as well as other towns. Please refer to the current calendar for classes and activities. There is no fee to join at this time. The Center will be closed the following dates:

Monday, December 26th thru Monday, January 2nd

Metuchen Seniors, Inc. (MSI):

You are welcome to make a tax deductible donation to Metuchen Seniors, Inc. (MSI) - a separate, not-for-profit, fundraising organization, established to help pay for additional activities, and purchase equipment and supplies for the Metuchen Senior Center. MSI hosts one large fundraiser each fall and we encourage folks to support MSI so that we have additional funds on hand to support our vibrant Center.

Minibus:

METUCHEN RESIDENTS ONLY may schedule appointments for minibus service by **2:00PM** on the day preceding the service. Other transportation options available to Seniors include Middlesex County Area Transit (MCAT) at 800-221-3520 and NJ Transit Access Link at 800-955-2321.

Information available online:

The current Newsletter, Calendar, and Bus Policy are available at the Metuchen Senior Center, on the minibus and online at www.metuchennj.org (*Select Departments, then Senior Center*)

Metuchen Recycling Schedules are available at the Senior Center or go online and print directly from www.metuchennj.org (*Select Departments, Public Works, Recycling*)

Shopping Trips:

Reservations are required in advance for all shopping trips and may be made by calling for the minibus at 732-632-8525. The following shopping trips are scheduled:

Shoprite Trips: Mondays, Dec. 5th, 12th, 19th 10AM (*Center closed Dec. 26th-Jan. 2, 2017)

Walmart: Friday, Dec. 2nd at 10:00AM

Target or Menlo Park Mall: Friday, Dec. 16th at 10:00AM

Parkinson's Support Group:

The Parkinson's Support Group will meet at the Center on the 2nd Wednesday of the month, 1:00-2:00PM, **December 14th**. Call (732) 632-8524 for more info.

Chair Yoga Class: Only ONCE this month!! Watch the calendar: Friday, Dec. 16th.

Holiday Luncheon:

The Holiday Luncheon, supported in part by MSI, will be held Friday, December 9th at 12 Noon here at the Senior Center. The cost is \$5 per person. Reservations for Metuchen residents will begin Monday, December 5th; all others may reserve beginning on Wednesday, December 7th.

Each person may only reserve two places. Payment must be made at the time of reservation. Make checks payable to "Metuchen Seniors, Inc."

Video Movie:

Wednesday, Dec. 21st at 12:00 Noon we will enjoy some snacks and watch the '94 remake of *Miracle on 34th Street*. Dorey Walker and her daughter Susan are much too sensible to believe in anything as far-fetched as Santa Claus. But when a department store Santa named Kris Kringle claims he's the real thing, mother and daughter are given a special holiday gift.

Casino Trip: *On hold until the spring.*

Play Reading Group: *On hold for a few months.*

Ornament Craft:

Join us for a fun craft making Penguin Ornaments, Monday, Dec. 12th, 11:30AM—2PM. \$2 each lightbulb! Please call 732-632-8524 to sign up! (*We need to know how many light bulbs to purchase!*)



Foot Doctor:

Dr. Macy will be back at the Center **ONE DAY ONLY Wed., December 14th** from 9:30AM to 2:30PM to provide routine foot care. The cost is \$10 for those with Medicare. Medicare Advantage requires a referral from your primary care physician and may have a different copay amount. Please call 732-632-8524 to schedule an appointment. Time slots fill up quickly.

Knit and Crochet:

This month only, the knit and crochet group will meet the 2nd **Wednesday, Dec. 14th** at 1:00PM. (*We usually meet the 4th Wednesday but the Center will be closed Dec. 28th*) The group makes handcrafted items such as lap robes and baby hats for donation to area hospitals and social service agencies. We are always looking for donations of baby and regular yarn. Feel free to drop off any color, any amount of yarn at the Center.

What is Get Your Neighbor?

Come **Thursdays at 11AM** to find out! A group of seniors play a game that involves ONE card at a time and they have a tremendous amount of fun socializing, snacking and getting to know one another.

Food Pantry Donation Box:

Feel free to donate canned and packaged goods (*No glass, please!*) Checks are also welcomed in any amount made out to M.C. F.O.O.D.S.

Senior Center Library:

Our Library is FULL right now. Please come take some books for your reading pleasure!

Coffee Donations:

We are always accepting donations of coffee and milk/creamer!

The Metuchen-Edison AARP is hosting a trip. Call Marianne at 732-287-3659 to sign up.

Hunterdon Hills Playhouse, Tues., Dec. 15th, lunch & fabulous Christmas Show, \$83

Borough Improvement League is sponsoring the annual House Tour, **Sunday, Dec. 4th** from 12 Noon to 5PM. Tour decorated homes, enjoy seasonal refreshments, and visit the Artisans Bazaar & Raffle at the Old Franklin Schoolhouse, 491 Middlesex Ave. \$20 in advance/\$25 at the door. Call 862-368-2202 for more info.

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