

Senior Center, 15 Center Street, Metuchen  
Cathy Ostermueller, Director  
732-632-8524, [costermueller@metuchen.com](mailto:costermueller@metuchen.com)  
9:00AM to 2:30PM

Minibus  
Call to Schedule Pick-Up  
732-632-8525  
9:00AM to 2:30PM

## Metuchen Senior Citizen Newsletter February 2017

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### Center Hours and Fees:

The Center is open from 9:00AM to 2:30PM. We welcome seniors from Metuchen as well as other towns. Please refer to the current calendar for classes and activities. There is no fee for Metuchen residents to join the Center. Out-of-Town residents are welcome to come to the center. Out-of-Town residents are asked to pay an annual \$30 Membership Fee (policy revision as of January 1, 2017.)

The Center will be closed the following dates:

***Monday, February 13<sup>th</sup> and Monday, February 20<sup>th</sup>***

### Metuchen Seniors, Inc. (MSI):

You are welcome to make a tax deductible donation to Metuchen Seniors, Inc. (MSI) - a separate, not-for-profit, fundraising organization, established to help pay for additional activities, and purchase equipment and supplies for the Metuchen Senior Center. MSI hosts one large fundraiser each fall and we encourage folks to support MSI so that we have additional funds on hand to support our vibrant Center.

### Minibus:

**METUCHEN RESIDENTS ONLY** may schedule appointments for minibus service by **2:00PM** on the day preceding the service. Other transportation options available to Seniors include Middlesex County Area Transit (MCAT) at 800-221-3520 and NJ Transit Access Link at 800-955-2321.

### Information available online:

The current Newsletter, Calendar, and Bus Policy are available at the Metuchen Senior Center, on the minibus and online at [www.metuchennj.org](http://www.metuchennj.org) (*Select Departments, then Senior Center*)

Metuchen Recycling Schedules are available at the Senior Center or go online and print directly from [www.metuchennj.org](http://www.metuchennj.org) (*Select Departments, Public Works, Recycling*)

### Shopping Trips:

Reservations are required in advance for all shopping trips and may be made by calling for the minibus at 732-632-8525. The following shopping trips are scheduled:

**Shoprite Trips: Mondays, Feb. 6<sup>th</sup> & 27<sup>th</sup> 10AM** (\*Center closed Feb. 13<sup>th</sup> & Feb. 20<sup>th</sup>)

**Walmart: Friday, Feb. 3<sup>rd</sup> at 10:00AM**

**Target or Menlo Park Mall: Friday, Feb. 17<sup>th</sup> at 10:00AM**

### Parkinson's Support Group (\*Please note change of day to Friday):

The Parkinson's Support Group will meet at the Center on the 4<sup>th</sup> Friday of the month, 1:30-2:30PM, **February 24<sup>th</sup>**. Call (732) 632-8524 for more info.

**Chair Exercise Class: Watch the calendar: Fridays, February 10<sup>th</sup> and 24<sup>th</sup>** at 11:15.

**Origami is back!** Monday, February 27<sup>th</sup> at 11:30AM with new instructor Loretta Brooks.

### Video Movie:

Wednesday, Feb. 15<sup>th</sup> at 12:00 Noon we will enjoy some snacks and watch the 2016 movie ***Florence Foster Jenkins '16*** PG-13, 1hr 50m. Despite her horrid singing voice, New York City heiress Florence Foster Jenkins is certain she can become an opera star. Her partner and manager, St Clair Bayfield, does all he can to shield Florence from the truth, but his task may prove impossible. Starring Meryl Streep and Hugh Grant

### Knit and Crochet:

This month only, the knit and crochet group will meet the 2<sup>nd</sup> & 4<sup>th</sup> **Wednesdays, Feb. 8<sup>th</sup> and 22<sup>nd</sup>** at 1:00PM. The group makes handcrafted items such as lap robes and baby hats for donation to area hospitals and social service agencies. We are always looking for donations of baby and regular yarn. Feel free to drop off any color, any amount of yarn at the Center.

## **Taxes 2016 and Property Tax Reimbursement/Senior “Freeze” (PTR):**

Assistance will be provided for those who qualify at the Metuchen Senior Center, Tuesdays & Thursdays, beginning on February 2<sup>nd</sup> through April 7<sup>th</sup>. You must call to make an appointment for 9AM, 10:15AM or 11:30AM. Returns will be filed electronically. Remember to compile ALL your 2016 paperwork, bring your picture ID, your Social Security card and you must bring a copy of your 2015 completed tax forms where applicable.

PTR-2, Property Tax Reimbursement/Senior “Freeze” forms **WILL** be sent if you have been in the program in the past OR if you filled out PTR-1 and qualified last year. Watch for 8 ½” x 11” forms with blue cover in your mailbox near the end of February.

If you never applied for Property Tax Relief, PTR-1 forms for 2016 will be made available at the Senior Center sometime in late February. Call the Center to see if the forms are here.

## **Info Session:**

Why Dark Chocolate is good for you! **Wednesday, Feb. 22<sup>nd</sup> at 12:30.** This program will be presented by Brook Health Care, LLC is a non-medical, private duty home care company providing high quality home care assistance to individuals of all ages in Central Jersey. We’ll serve hot chocolate and ice cream bars! Call the Center at 732-632-8524 to reserve a spot.

**Casino Trip:** *On hold until the spring.*

**Play Reading Group:** *On hold for a few months.*

## **Foot Doctor:**

Dr. Macy will be back at the Center **ONE DAY ONLY** next month, **Wed., February 15<sup>th</sup>** from 9:30AM to 2:30PM to provide routine foot care. The cost is \$10 for those with Medicare. Medicare Advantage requires a referral from your primary care physician and may have a different copay amount. Please call 732-632-8524 to schedule an appointment. Time slots fill up quickly.

## **What is Get Your Neighbor?**

Come **Thursdays at 11AM** to find out! A group of seniors play a game that involves ONE card at a time and they have a tremendous amount of fun socializing, snacking and getting to know one another.

## **Food Pantry Donation Box:**

Feel free to donate canned and packaged goods (*No glass, please!*) Checks are also welcomed in any amount made out to M.C. F.O.O.D.S.

## **Senior Center Library:**

Our Library is FULL right now. Please come take some books for your reading pleasure!

## **Coffee Donations:**

We are always accepting donations of coffee and milk/creamer!

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## **The Metuchen Library announces:**

2 sessions to learn your basic functions of your tablet or smartphone and/or tablet! Saturday, Feb. 11 (registration begins 1/27) and Saturday February 18<sup>th</sup> (registration begins 2/3), 10:30-12:30. Registration is required. Call 732-632-8526.

**Wills & Estate Administration** presented by Kenneth Vercammen, Esq. Call 732-287-2298, x 228.

Feb. 13<sup>th</sup> - Clara Barton Library, 141 Hoover Ave. Edison

Feb. 28<sup>th</sup> - Edison Library Main Branch, 340 Plainfield Ave., Edison

## **Join Edison AARP Chapter #3446:**

Meetings which include a program are the 3<sup>rd</sup> Monday of the Month, 1PM at Our Lady of Peace Parish Center, Franklin Ave., Edison, Fords Section. AARP sponsors trips, day and overnight and they will offer a Drivers course 3 times in 2017. Contact 908-791-4690 for more information!

May 2<sup>nd</sup>-3<sup>rd</sup> Overnight trip to Lancaster, PA featuring the Strasburg Railroad Ride, Dutch Apple Dinner Theatre, Sight & Sound Production of “Jonah” plus more \$332/pp dbl. Call Bob Boswell 732-885-1789.

## **Piscataway Bus Trips (for more information, call Rosemarie Picciuto @ 732-752-2644)**

Thursday, March 23<sup>rd</sup> Day trip to Lancaster, PA featuring the Sight & Sound Production of “Jonah.” \$120

Wednesday, April 26<sup>th</sup> Day trip to Mt. Airy Casino including Bonus, Buffet & Show. \$69

May 21-24 (4 days-3 nights) Overnight trip to Ocean City, MD. #387/PP/DBL \$70 extra for single