

# METUCHEN RECREATION

## Spring Sports Classes 2017



In partnership with US Sports Institute



### Register today:

- Weekly Classes
- School Vacation Camps
- Spring: Age 2-8
- Summer: Age 3-14

### Visit our website to view:

- Full schedules
- Register for a class
- Detailed class descriptions
- Program learning outcomes



### SPRING SCHEDULE (April to June)



Sunday Dates: April 23rd-June 18th  
 Tuesday Dates: April 25th-June 13th  
 Price \$165  
 No class Memorial Weekend (5/27)  
 Locations: Vidas Park  
**Registration NOW OPEN**

#### **PARENT & ME—age 2-3**

Sports, games & activities with the help of Mom or Dad!

**Total Sports**                      Sundays, 9am-10am

#### **SQUIRTS—age 3-5**

An introduction to sport in a safe & structured environment

**T-Ball**                                      Sundays, 10am-11am

**Total Sports**                      Sundays, 11am-12pm

**Track & Field**                      Tuesdays, 4pm-5pm

#### **SENIOR SQUIRTS—age 5-8**

Curriculums designed to allow players to progress in sport.

#### **Track & Field**

**Ages 5 to 6**                      Tuesdays, 5pm-6pm


**Ages 7 to 8**                      Tuesdays, 6pm-7pm

### MORE INFORMATION

**Drink:** Please provide plenty of fluid for your child to last the full duration of the camp.

**Equipment:** All equipment is provided

 **USsportsInstitute.com**

 (866) 345-BALL

**US SPORTS**  
*institute*

# METUCHEN RECREATION

## Spring Sports Classes 2017



In partnership with US Sports Institute



### Register today:

- Weekly Classes: Vidas Park
- Weeklong Camps
- Boys & Girls
- Summer: Age 2-14

### Visit our website to view:

- Full schedules
- Register for a class
- Detailed class descriptions
- Weeklong Camps: Myrtle Park



### SUMMER WEEKLY SCHEDULE



Season runs from June 22 to August 3

Weekly Classes

Price \$139

#### PARENT & ME—age 2-3

Sports, games & activities with the help of Mom or Dad!

**Total Sports**                      Thursdays, 9:30am

#### SQUIRTS—age 3-5

An introduction to sport in a safe & structured environment

**Total Sports**                      Thursdays, 10:30am

**T-Ball**                                      Thursdays, 11:30am

### SUMMER CAMP SCHEDULE

#### SUMMER CAMPS—age 5-14

A great camp experience for players of all levels

##### Basketball                      July 31-August 4

Age 5-8 & 9-14 yrs      9am-12:30pm , cost \$189

##### Multi Sports                      August 7– August 11

9am-4pm, cost \$219

9am-12:30pm, cost \$189

1pm-4pm, cost \$159

##### Lacrosse Camp                      August 21-August 24

Age 5-8 & 9-14 yrs      9am-12:30pm , cost \$189

#### SQUIRTS—age 3-5

An introduction to sport in a safe & structured environment

##### Sports Squirts                      August 7-August 11

4:30pm-5:30pm, Cost \$99

**USsportsInstitute.com**

(866) 345-BALL

