



METUCHEN MUNICIPAL POOL 2016 MASTERS SWIM PROGRAM

If Interested: Send an email to:

todd.schaper@gmail.com

or stop by any night you see us and take the plunge.

What it is: Friendly group of people with no pressure to finish a workout, but will have set workouts to follow. If you plan on doing an open water swim or triathlon this season, Masters will help. If you plan on going to Rio to compete, stay away as we'll bring you way down. . .

What it's not: Adult swim lessons. You need to know how to swim.

When: Mondays, Tuesdays & Thursdays from 6:30 pm until closing (usually around 7:45-8:00 pm) **STARTING TUESDAY, JUNE 21st.**

Where: Two of the 50 meter lanes @ Metuchen Municipal Pool (depending on attendance, might use 3 of the 50 meter lanes).

Additional

Info: No need to commit to every workout or to stay the entire time. Completely up to you how much/little you swim.

Fee: None for your initial workout. After that, it's \$25.00 for the entire summer season for MMP members.