
Senior Center, 15 Center Street, Metuchen
Cathy Ostermueller, Director
732-632-8524, costermueller@metuchen.com
9:00AM to 2:30PM

(((E C H O)))

Minibus
Call to Schedule Pick-Up
732-632-8525
9:00AM to 3:00PM

Metuchen Senior Citizen Newsletter February 2012

Center Hours:

The Center is open from 9:00AM to 2:30PM. We welcome seniors from Metuchen as well as other towns. There is no fee to join the center. Please refer to the current calendar for times for classes and activities. Metuchen residents **ONLY** may schedule appointments for minibus service by **2:00PM** on the day preceding the service.

The Center will be closed Mon., Feb. 13th and Mon., Feb. 20th.

Newsletter and Calendar available online:

Newsletters are available at the Metuchen Senior Center, on the minibus and online at www.metuchennj.org (*Select Departments, then Senior Center*)

Residential Recycling Schedules are also available at the Metuchen Senior Center and online at www.metuchennj.org (*Select Departments, then Public Works then Recycling*)

Shopping Trips:

The following shopping trips are scheduled:

Menlo Park Mall OR Target: Monday, February 6th at 10:00AM

Shoprite: Monday, February 27th at 11:30AM

Reservations are required in advance for all shopping trips and may be made by calling for the minibus at 732-632-8525.

Casino Trip:

We will begin trips again in March, 2012.

Taxes 2011 and Property Tax Relief/Senior "Freeze" (PTR):

Check attached document to see if you qualify for Income Tax Assistance. Assistance will be provided for qualified Seniors ONLY at the Metuchen Senior Center February through April 15th, Tuesdays & Thursdays 9AM-Noon, first come first served (*see attached February schedule*). Remember to compile **all** your 2011 income information in one place and you MUST bring along a copy of your 2010 completed tax forms.

The IRS will not mail Federal tax packages that used to arrive in February. Forms may be obtained either by downloading or getting them from the Post Office or the IRS office on Rte. 1. Also, check with the Metuchen library. PTR-2 forms WILL be sent if you filled out PTR-1 in the past. Watch for 8 ½" x 11" forms with blue cover in your mailbox. If you never applied for Property Tax Relief, PTR-1, forms will be made available at the Senior Center for 2011.

Heart Healthy Snacks on Valentine's Day:

Tuesday, February 14th we'll serve some heart healthy snacks and have information on hand on how to keep your heart healthy.

Dance around the World:

Join a special 9 week dance class. Tuesdays, Feb. 7th through March 28th 11am -12 Noon. Call the center to sign up. Interact with others as you learn dances from around the world. Learn about other countries with a variety of line, circle, square, partner, and group dances. No need to bring a partner; no previous dance experience required.

Instructor: Doris Younken is a graduate of Lebanon Valley College with a BS degree in Music Education. She studied folk dancing with Karin Gottier at Central Connecticut University. She has taught all ages, from pre-schoolers to senior citizens.

Play Reading Group:

The play reading group meets - February 2nd and 16th (the 1st and 3rd Thursday) at 12:30PM. Feb. play is TBD. Looking for more class participants. Come out and give it a try!

Ceramics Class:

Join a 3 week class to learn the basics about Ceramics. We will paint an adorable handbag bank, use our on-site kiln to fire and it is yours to keep! *Mondays, Feb. 27th, March 5th and March 12th*, 9:30am – 11am. Call the Center to reserve your spot.

Blood Pressure Screening:

Thursday, February 9th from 9:30-11:30PM, the Visiting Nurse Association, VNA will sponsor a free blood pressure screening. Appointments are not necessary but call that morning to verify that the nurse did not have a last minute conflict.

Video Movie:

Wed. Feb. 22nd at 12 Noon the movie will be *The Help (2011.)* In 1960s Jackson, MS, aspiring writer Eugenia Phelan (Emma Stone) crosses taboo racial lines by conversing with Aibileen Clark (Viola Davis) about her life as a housekeeper. When other servants begin opening up, the disapproving conservative Southern town gets swept up in the turbulence of changing times.

NJ State Library – Talking Book & Braille Center:

If you or someone you know is sight impaired and may be interested in “talking books,” contact Cathy at the Center for information on how to get the devices and current books and publications.

Knit and Crochet:

The knit and crochet group will meet the 2nd Wednesday, February 8th and the 4th Wednesday, February 22nd at 1:00PM. This group makes handcrafted items such as lap robes and baby hats for donation to area hospitals and social service agencies.

Yarn Donations:

We are always looking for donations of baby and regular yarn. Feel free to drop off any color, any amount of yarn at the Center.

Food Pantry Donation Box: (*Middlesex County’s Food Distribution Network*)

Feel free to donate canned and packaged goods (*No glass, please!*) Checks are also welcomed in any amount.

Senior Center Library:

We have many books in stock for you to enjoy. No need to return the books.

Coffee Donations:

We need to restock! Keep the coffee donations (decaf & regular), and milk/creamer coming! It is very much appreciated.

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Sunday, Feb. 12: Local History Day, Metuchen Public Library, 1:30 – 4:30pm featuring collections about The Civil War, collections of old photographs & post cards of Metuchen & Edison.

Upcoming Metuchen Branch YMCA trips. Call (732) 548-2044 for more info or to reserve your spot.

Tues. February 21st: Mardi Gras @ Li Greci’s Staaten in Staten Island. \$74/pp

Fri. March 16th: St. Patrick’s Day @ Doolan’s in Spring Lake. \$75/pp

Wed. April 18th: Grounds for Sculpture, Hamilton, NJ. \$53/pp

Upcoming AARP trip. Call (732) 885-1789 for more info or to reserve your spot.

Wed. & Thurs. April 25th – 26th: Dutch Apple Dinner Theatre to see the musical “9 to 5”; Sight & Sound’s Millennium Theatre to see “Jonah” and shopping at Kitchen Kettle Village and Rockvale Outlets. \$250/pp dbl.